

KESSINGLAND – PAKEFIELD CLIFFS SSSI



The **Cromer Forest Bed** deposits, about 600,000–700,000 years old, are exposed at the foot of the cliffs and are topped by several metres of sand and glacial till. This fine cliff line is here viewed from the south with Lowestoft in the distance. Park at either Kessingland or Pakefield and walk along the beach at low tide, the best exposures are close to the midway point.

glacial till

Cromer Forest Bed



The Cromer Forest Bed deposits here are a series of freshwater sediments underlying the glacial deposits. Clays, sands and gravel are exposed when beach levels are low and from which fossils of water vole, sabretooth cat, spotted hyaena, hippopotamus, steppe mammoth, straight-tusked elephant, rhinoceros and giant deer have been found. In recent years a number of flaked flints interpreted as some of the earliest evidence of early humans in north west Europe have also been found in them.

